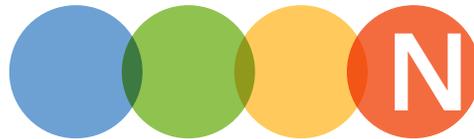




A Weekly Update
For The Employees of
North Central Health Care

NEWS YOU CAN USE

WEEKLY CONNECTION WITH OUR TEAM



*"Thank You!"
"I sincerely appreciate you."
"I couldn't have done it without you."
"I'm so grateful."*

There are so many ways to say thank you. This week at NCHC, we had wonderful opportunities to do just that!

Many of us took time to recognize & celebrate the administrative assistants that we work with—those who hold us together, who make our lives easier, who keep us going, who help us get (and stay!) organized. These are just a few of the immeasurable ways they help us. They work

tirelessly behind the scenes, are super resourceful, excellent problem solvers, and a trusted confidante. We are appreciative for all they do, but most importantly we are grateful for who they are and that's why we take time to celebrate and recognize all the administrative professionals that we work with every day. I think it's true that not everyone can do what they do, but anyone can see that what they do makes a wonderful difference!

In addition, in partnership with the Aging & Disability Resource Center (ADRC), NCHC hosted the Department of Health Services (DHS) *Moving Forward Together*, a Central Wisconsin Appreciation Event where we welcomed DHS Secretary Karen Timberlake & Deputy Secretary Deb Standridge to Mount View Care Center. This event was an opportunity to recognize and thank everyone who has persevered and remained steadfast in their commitment to providing excellent and compassionate care amid some of the most difficult and trying years in healthcare due to the COVID-19 pandemic. Together, we move forward and collectively we positively impact those around us. Thank you for all that you do—you are appreciated!



Jennifer Peaslee

Jennifer Peaslee
Compliance Officer

ADMINISTRATOR ON-CALL
x4488 or 715.848.4488

**Friday, May 2 –
Monday, May 8**

Tom Boutain



DHS Appreciation Tour ...	2
Meet Our New Employees	3
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Employee Benefits Information	8-11
Menus.....	13-14

Person-Centered
**Shout
out**



**JoBeth
Wistein**
Housekeeping

Why: Thank you for helping with what you are able to and helping to keep the residents safe.

Submitted By:
Danyl Barnett

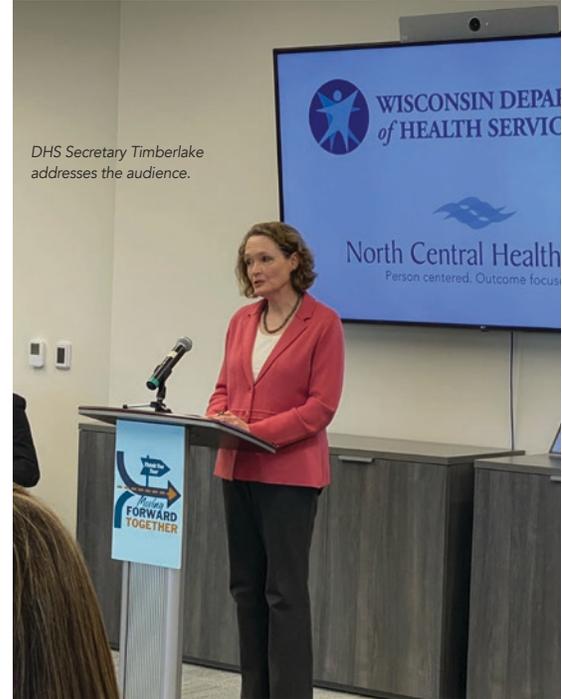




PHOTO OF THE WEEK: MOVING FORWARD TOGETHER



NCHC Employees and Board Representatives with DHS Secretary Timberlake and Deputy Secretary Standridge.



DHS Secretary Timberlake addresses the audience.

MOVING FORWARD TOGETHER

Appreciation Tour from DHS

In partnership with the Aging & Disability Resource Center (ADRC) of Central Wisconsin, North Central Health Care (NCHC) hosted the Wisconsin Department of Health Services (DHS) Secretary Karen Timberlake and Deputy Secretary Deb Standridge for the Moving Forward Together Appreciation Event on Thursday, April 28. The event was held at Mount View Care Center in the Community Room.

In March, DHS launched the Thank You Tour: Moving Forward Together, which aims to thank communities for their COVID-19 response efforts. As part of the Thank You Tour, DHS officials are traveling across Wisconsin from March through May to see and hear directly from those who have been serving on the COVID-19 frontlines and to thank everyone who did their part in responding to the pandemic. Stops include local health departments and tribal health clinics, aging and disability resource centers, COVID-19 vaccination and testing sites, schools and health care industry events.



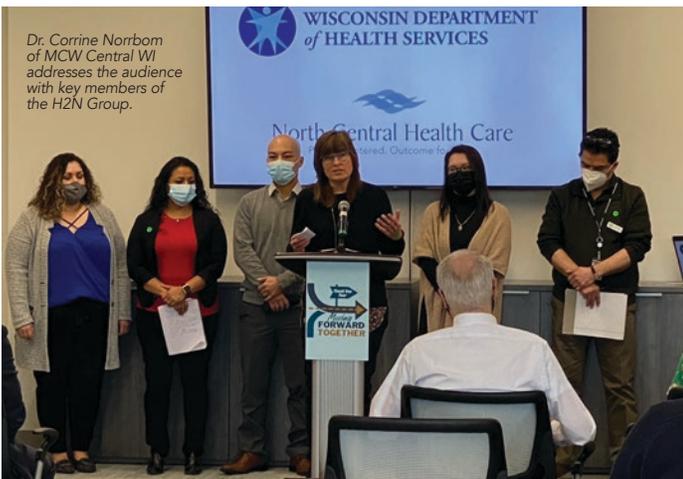
Mike Rhea, ADRC of Central WI.



Laura Scudiere of Marathon County Health Dept.

March, April, and May Tour stops include:

- Local and tribal health departments
- Aging and disability resource centers
- COVID-19 vaccination and testing sites
- Health care facilities
- Vaccination community outreach grant awardees
- Health care industry events
- Schools



Dr. Corrine Norrbom of MCW Central WI addresses the audience with key members of the H2N Group.





WELCOME THESE NEW EMPLOYEES TO THE TEAM!

These employees were welcomed at Orientation on April 25, 2022

Community Treatment Youth



Kristi Auner – Case Manager

DD Services Admin



Jazmyn Pagel – Central Scheduler

Residential Services



Angel Berndt – Residential Care Assistant



Elena Harris – Residential Care Assistant



Toni Varona – Residential Care Assistant

Mount View Care Center



Amy Schmirler – Hospitality Assistant

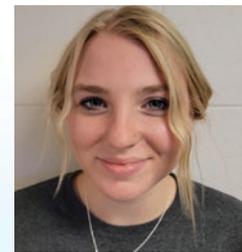


Melissa Wimmer – CNA

Pine Crest



Carol Homan – Manager of Nursing Services



Sommer Seefeldt – Hospitality Assistant

IMS



Paul Smith – Informatics Analyst 1

APS



Valerie Paquette – Administrative Assistant II

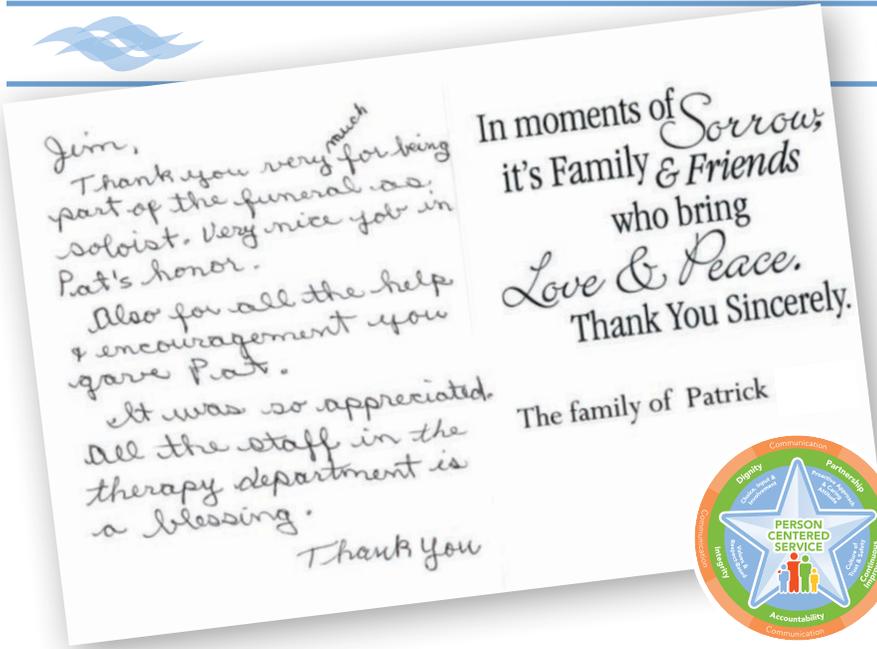
Youth BHH



Mackenzie Dregler – Patient Care Professional



We are so excited to have you on our team!



"One of our Aegis staff was asked to sing at a resident's funeral. Great to have them as our health care partners."

- Jacque Krause, Pine Crest



INTERESTED IN HELPING ORGANIZE THE NCHC ALZHEIMER'S WALK TEAM?

Are you interested in joining the NCHC ALZ Team to help organize efforts for the 2022 Walk to End Alzheimer's? Employees from all 3 counties will work together to support our NCHC ALZ Team efforts. This is just a form to express your interest. You will receive information about our team efforts, meetings, maybe help plan some fundraisers or activities. This is not a sign up for formal committee. You can participate in the Walk this September, without being a member of the planning team (but hey, this is a lot of fun, so sign up!)

Typically a group of employees lead the volunteer efforts at NCHC to support the local ALZ Walk to End Alzheimer's. If you are interested, want more information, or want to be a group leader, fill out the form at the link below and we will be in contact with you!

Thanks for your interest and for helping to End Alzheimer's!

<https://forms.gle/DJfGMZ1hS9Tp593X7>

INTERESTED IN JOINING THE NCHC UNITED WAY COMMITTEE?

The United Way Committee consists of representatives from across NCHC working collaboratively to educate staff on the role of United Way in our communities. The United Way Committee serves as a fundraising group to support and maintain United Way initiatives and foster relationships and support for partner programs and services offered by the United Way that may assist in aiding our clientele, fellow staff and community members.

IF YOU'D LIKE ADDITIONAL INFORMATION, OR WOULD LIKE TO JOIN THE NCHC UNITED WAY COMMITTEE CONTACT ALEX AT aeichten@norcen.org



WAUSAU CAMPUS FOOD TRUCK IS BACK!

Hanuman Express has agreed to return to the NCHC Wausau Campus, however won't be able to come every week but rather on a rotation. Hanuman Express will be parked at the Mount View Main entrance on the following dates:

Wed. May 4 • Tues. May 24

It is early in the Food Truck Season and we will continue to work to have other food truck visit different locations if they are willing.





April 2022 Organizational Learning Modules



Each month staff are assigned 30-60 minutes of organizational training that needs to be completed by the due date.

Log into the learning management system (LMS), *UKG Pro Learning*, to complete the following training modules:

Thank you to everyone that helped with the video for the April module!

- **Emergency Preparedness and Response (2022)**
(15 minutes)

Can you name all the staff, locations, and departments that worked together to make the video in the module?



Upcoming Open Forums | Save the Date

COMBATING VETERAN SUICIDE



April

- 12 - Appleton
Fox Valley Technical College
- 27 - La Crosse
La Crosse Convention Center

May

- 10 - Lac du Flambeau
Lake of Torches Casino Resort
- 18 - Wausau
Jefferson Street Inn

June

- 13 - Milwaukee Area
Brookfield Conference Center
- TBD - Madison




BIKE Rodeo

Rain or Shine!

FOLLOW US ON facebook

Saturday, May 7, 2022
11:00 am - 12:30 pm

Everest Metro Police Dept
5303 Mesker St, Weston

Just Bring Your Bike!

FREE

Chance to Win 1 of 6 Bicycles
(must be present to win)

Trophies in 7 Age Categories
(Awarded at 12:45 pm)

Helmets to First 150 Cyclists

Bike Safety Inspection
Bike License
(from Rothschild, Schofield & Weston)

Stay for LUNCH and enjoy the CHEESE CURDS!

The Everest Area Optimist Club will have brats, hot dogs, soda and, of course, Cheese Curds available for purchase.

SPONSORS:

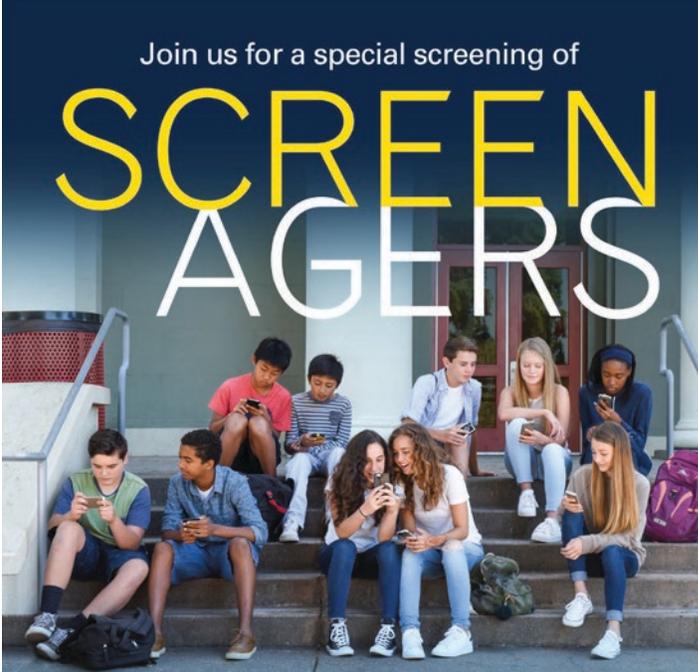


Disclaimer: This is neither a DC Everest or Newman Catholic Schools sponsored activity and the opinions expressed are not necessarily those of the School Systems or school.

www.everestoptimists.org

Join us for a special screening of

SCREEN AGERS



GROWING UP IN THE DIGITAL AGE

BY: Marathon County AOD Partnership
WHEN: View any time April 25 – May 6
WHERE: On Demand | Register [HERE](#)
TICKETS: \$0 | Seats are Limited!

AOD screenagersmovie.com
PARTNERSHIP
<https://bit.ly/ScreenagersAOD>



WAUSAU CAMPUS RENOVATION UPDATES

Who's Moving Where?

Adult Day Services: Adult Day Services is moving from 1000 Lake View Drive to 2400 Marshall Suite A (1400 hallway). This move is occurring this week and will be temporary through our construction phasing.

Youth Community Treatment: Youth Community Treatment is moving from 1000 Lake View Drive to Lakeview Professional Plaza 2nd floor. This move is occurring this will and will be temporary through our construction phasing.

Adult Inpatient Hospital: Adult Inpatient Hospital is moving to what was the old Crisis area that is now the renovated new hospital. The final clean for this space is occurring this week with a tentative move date of May 17th.

Wausau Campus Computer Lab: The computer lab located in 1000 Lake View Drive will be shutting down this week with mobile carts/laptops available for training until the new training center is complete.

Aspirus Onsite Clinic: The clinic will remain open at this time and throughout construction with no tentative plans to move.

"RAISE YOUR VOICE" AWARENESS WALK

Sunday, May 1, 2022 – 1100 Marc Dr. Merrill

Sunday, May 1, 2022

11:30 - Registration Opens
1:00 - Walk Begins
2:00 - Silent Auction Ends

Want to register or make a donation? 

Including!

- Yard Games
- Face Painting
- Coloring Station
- Silent Auction
- DJ/Live Music
- Food Truck
- Concessions



Raise Your Voice

AWARENESS WALK



Creating and Nurturing

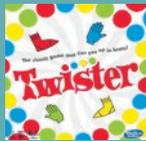


NATIONAL NURSING CARE WEEK • MAY 8-14

DRESS UP DAYS



MONDAY, MAY 9TH "Connect to our organization"
Show off your NCHC pride and wear your NCHC Gear!



TUESDAY, MAY 10TH "Connect to our departments"
Dress in Twister colors (red, blue, yellow or green)



WEDNESDAY, MAY 11TH "Connect through fun & games"
Domino themed day! Dress in black and white or domino pieces.



THURSDAY, MAY 12 "One connection makes another, and another..."
Pick any letter to place on your shirt. Look for connections and make words throughout the day!



FRIDAY, MAY 13TH "Bringing us together thru Sports"
Dress like a sports star or athlete.

"Connecting to another is one of the most important things in the world and you can keep expanding that connection - one person, a family, a community, a country, a society, a culture." - Eric Fischl



TALK WITH A RETIREMENT ADVISOR ABOUT THE WDC PROGRAM!



REGISTER HERE!

https://nc_wisconsin.timetap.com/#/

WISCONSIN DEFERRED COMPENSATION PROGRAM

JOIN THE CONVERSATION!

Meeting with your WDC Retirement Plan Advisor is an easy way to help make sure your savings and spending strategy fits you and your future. Schedule a one-on-one appointment. Additional virtual meeting dates and times can be found online.

INDIVIDUAL RETIREMENT READINESS SESSIONS

with Shawn Bresnahan

- Tuesday, May 17th | Wausau, Badger Room | 10am-2pm
- Thursday, June 2nd | Wausau, Badger Room | 10am-2pm
- Thursday, July 7th | Antigo, Conference Room | 9am-11am
- Thursday, July 7th | Wausau, Badger Room | 1-4pm
- *Thursday, Aug. 4th | Pine Crest, Admin Conference Rm | 9-11am
- *Thursday, Aug. 4th | Wausau, Conference Room | 1-4pm
- Thursday, Sept. 1st | Wausau, Badger Room | 10am-2pm
- *Thursday, Oct. 6th Antigo | Conference Room | 9am-11am
- *Thursday, Oct. 6th Wausau | Badger Room | 1-4pm
- *Thursday, Nov. 3rd Wausau | Badger Room | 9am-11am
- *Thursday, Nov. 3rd Pine Crest | Admin Conference Rm | 1-2:30pm
- *Thursday, Dec. 1st Wausau | Badger Room | 10am-2pm
- *registration available 90 days before session date

BRING TO YOUR ONE-ON-ONE MEETING:

- ✓ WRS statement
- ✓ Social Security statement
- ✓ Other retirement account info
- ✓ Current paycheck stub (if applicable)
- ✓ WDC login information (if known)



Helping You Turn
Over a New
Retirement Leaf

Web Resources Available to Help Employees Review the Wisconsin Retirement System (WRS) Statement of Benefits

NCHC Wisconsin Retirement System (WRS) Employee Statements Recently Mailed to Homes

ETF's online resources are available to assist members in reviewing their Wisconsin Retirement System Annual Statement of Benefits, which are being distributed in April.

The statement is a summary of a member's WRS pension account, including year-end balances, beneficiary designations and other important account information as of December 31, 2021. Statements were recently mailed to homes.

Be sure to carefully review your statement. Do you have any questions? This is also a good time to assess your financial plan. How can you grow your retirement income?

In the Statement of Benefits (www.etf.wi.gov/members/statement) section of the website, you'll find

easy-to-use resources:

- Interactive sample statements provide explanations of content and links to other information
- Frequently asked questions on how to update your name or address, change your beneficiary(ies), calculate a benefit, make additional contributions and more
- Quick links to forms, online calculators and related webinars

Need Assistance?

- Active employees (currently working for a WRS employer): If you believe your statement is incorrect, contact your employer's payroll office.

- Inactive employees (no longer working for a WRS employer) and alternate payees: If you believe your statement is incorrect or have questions, contact us.
- Register for the webinar, Understanding Your Annual WRS Statement of Benefits

Account Contact Information

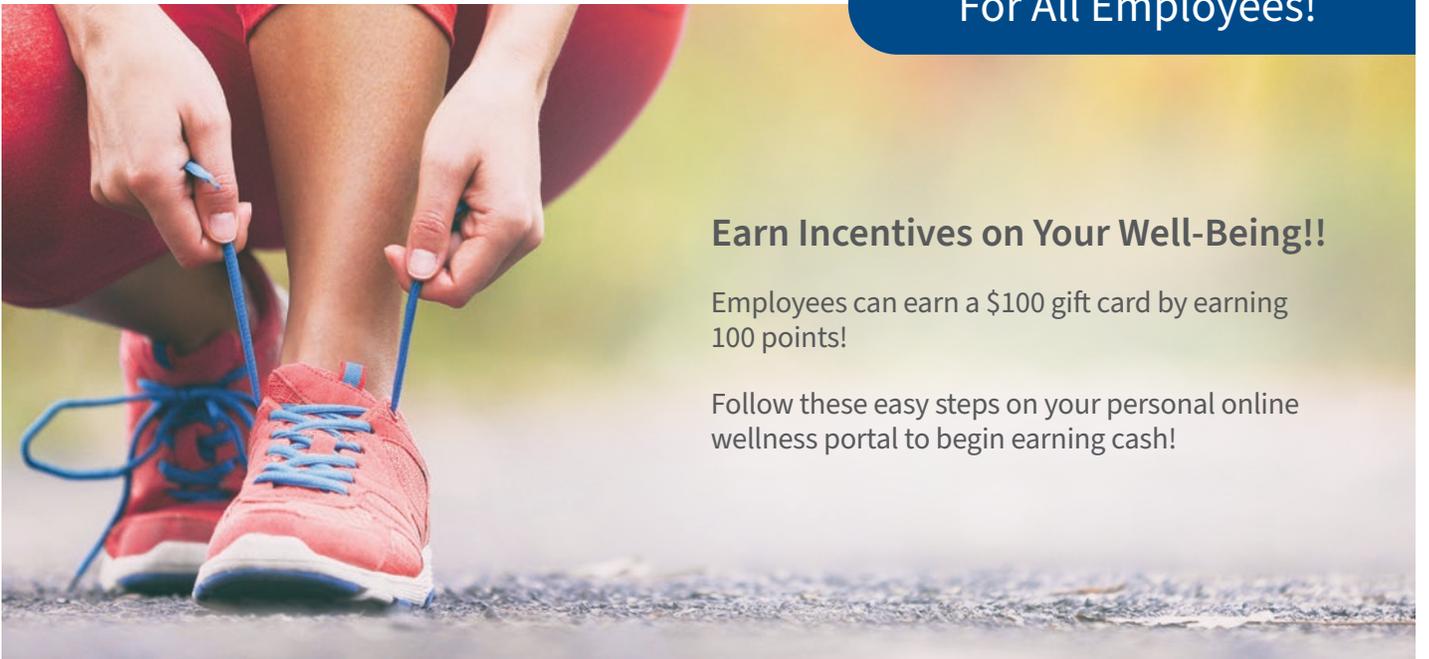
Please keep your contact information (name and mailing address) current to ensure you continue to receive important communications from ETF.



North Central Health Care

Well-Being Program 2022

For All Employees!



Earn Incentives on Your Well-Being!!

Employees can earn a \$100 gift card by earning 100 points!

Follow these easy steps on your personal online wellness portal to begin earning cash!

Step 1

Log into your personal wellness portal. If you have already created an account in 2021, you will not need to register again. For those that have not registered in the wellness portal, please follow the steps shown on page 2.

Step 2

Earn 100 points by November 30th, 2022, by completing a variety of the activities shown on page 2.

REGISTRATION STEPS ON NEXT PAGE



North Central Health Care

Person centered. Outcome focused.



How to Register for The Aspirus Well-Being Portal

Aspirus Business Health-Wellness is excited to partner with North Central Health Care to provide you with access to a wellness resource, www.managewell.com. This website features valuable health programs and tools as well as a central location for storing and tracking your wellness efforts.

To participate in the wellness program, go to the website www.managewell.com or download the Managewell 2.0 App and follow the instructions below to register:

1. Click “Sign up”.
2. Enter your “Unique ID.” This Unique ID is the first few letters of your company, “NCHC”, followed by your employee ID number. An Example is: NCHC123456.
3. Enter your date of birth and select “Continue”.
4. Confirm your name.
5. Read through and accept “Terms”.
6. Enter a unique and valid email address and password. Remember these for the next time you log in to the website.
7. Select “Continue” and it will take you to your Home/Dashboard page.

Activity	Points
Biometrics and Health Assessment (both must be completed to earn points)	30
Preventative Visit with Primary Care Provider	20
Preventative Visit at Onsite Clinic Bonus Points	15
Health Coaching (includes Care Management) (can earn up to 2 times)	15
Mental Health Visit	15
COVID-19 Booster	15
COVID-19 Initial Vaccine	10
Wellness Challenges	10
Health Pursuit Online Activity	10
Onsite Clinic Activities (Blood Pressure Monitoring, Diabetes Management, Skin Cancer Screening, Non-preventative Health Visit)	10
NCHC Sponsored Events (events added throughout the year)	5 - 20
Flu shot	5
Mini-Challenges	5
Monthly Online Educational Activities	5
Dental Exam	5
Eye Exam	5
Online Tracker for Physical Activity (points per week)	5
Online 5-A-Day Fruit & Veggie Nutrition Tracker (points per week)	5

More information can be found on the Aspirus Well-Being Portal at www.managewell.com

Contact Aspirus Business Health-Wellness if you have any questions or need help.
844.309.1269 | wellness@aspirus.org



NORTH CENTRAL HEALTH CARE – BIOMETRIC SCREENING

WHERE

PINE CREST CLASSROOM

**MERRILL CENTER STAFF
PLEASE GO TO PINE CREST CLASSROOM**

HOW TO SCHEDULE

STEP 1-REGISTER

Register for the Aspirus Well-Being portal at www.managewell.com to begin the program.

Step 2- Sign up

Schedule an appointment in the portal or call 715-847-0439



DATES

**6:30 – 9:30 am
May 12th**

Merrill (TBD)

Log into your well-being portal for more details.

INFORMATION

Please do not eat or drink for 8-10 hours before your scheduled appointment - water is encouraged. Please take any medications as prescribed. Make sure to drink plenty of water because staying hydrated will make for an easier lab draw.

*Watch for more details and information from North Central Health Care



Here's how it works...

Step 1: Tell Us About Your Recruit

Text "Refer" to 715.598.3663

Email HResources@norcen.org

Complete Referral Form in Human Resources

Step 2: Meet Required Criteria

You and your recruit must be in good standing throughout this period and have no written warnings for attendance or other performance.

Step 3: Get Paid!

When your recruit joins the NCHC Team, and you both have met the referral requirements YOU will earn the following:

\$250 After 90 days | Employees below .5FTE status

\$500 After 90 days | Employees .5FTE status or above

We value your referrals and know that together we can strengthen our North Central Health Care team. That's why earning some extra cash for your employee referrals has never been simpler. So text that friend, and get the ball rolling.

REFER A FRIEND TO AN OPEN INTERVIEW FOR A CHANCE TO EARN SOME REFERRAL CASH!

Visit Our Website at norcen.org/Careers for the latest Job Opportunities!

SHARE NCHC JOB POSTINGS ON SOCIAL MEDIA!



Residential Services Open Interview Series

JOIN OUR TEAM!



NOW HIRING!

RESIDENTIAL CARE ASSISTANTS (RCA's)

- ✓ \$14-16 STARTING
- ✓ FULL BENEFITS
- ✓ PART/FULL TIME
- ✓ AM/PM SHIFTS

WALK INS WELCOME!

OPEN INTERVIEWS

Interested in joining our team or learning more? Swing by any of the open interview sessions listed below for an on-the-spot interview and tour. **Lunch Provided!**

TUESDAY, APRIL 19, 10AM - 3PM

1408 Bissell Street
9205 Andrea Street
5006 Chadwick Avenue
5010 Heather Street

TUESDAY, MAY 17, 10AM - 3PM

1408 Bissell Street
9205 Andrea Street
5006 Chadwick Avenue
5010 Heather Street

TUESDAY, JUNE 21, 10AM - 3PM

1408 Bissell Street
9205 Andrea Street
5006 Chadwick Avenue
5010 Heather Street

WHAT IS A COMMUNITY BASED RESIDENTIAL FACILITY (CBRF)?

North Central Health Care operates several Community Based Residential Facilities, which are congregate living settings serving developmentally disabled individuals who are ambulatory, semi-ambulatory or non-ambulatory, but may not be capable of exiting the property without assistance., licensed by the State of Wisconsin. Our CBRF locations include:



BISSELL STREET
1408 Bissell St,
Wausau



CHADWICK STREET
5006 Chadwick Ave,
Schofield



ANDREA STREET
9205 Andrea St,
Weston



HEATHER STREET
5010 Heather St,
Schofield

REGISTER ONLINE AT NORCEN.ORG/OPEN-INTERVIEWS

Open Interviews for ALL OPEN POSITIONS

WAUSAU MAIN CAMPUS
2400 Marshall Street, Suite A

WEDNESDAY, MAY 18, 10AM - 3PM

WEDNESDAY, JUNE 22, 10AM - 3PM



In the **NEW Mount View Building**
WAUSAU CAMPUS CAFÉ
Grab-N-Go



Monday – Friday

9 am – 5:30 pm

Breakfast 9:00 am



Lunch 11 am – 1:30 pm

Hot Food Bar \$.45/ounce

9 am – 5:30 pm

Grab 'n Go Sandwiches, Soups & Salads, Juice, Water, Snacks

What's For Lunch?

MAY 2 - 6, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>main course</i> Swedish Meatballs Butternut Squash Parley Potatoes	Baked Pork Chop Peas 7 Carrots Parslied Egg Noodles	Salisbury Steak Baked Tomatoes Rice Pilaf Dinner Roll	Baked Chicken Leg Winter Blend Veggies Mashed Potatoes	Kielbasa Mixed Vegetables Scalloped Potatoes
<i>dessert</i> Mandarin Oranges	Iced Chocolate Cake	Cinnamon Baked Apple	Fruit Cocktail	Fruit Ambrosia Salad
<i>soup of the day</i> Savory Chicken & Rice Soup	Chili	Cheesy Cauliflower Soup	Corn Chowder	French Onion Soup



THE BISTRO

MONDAY – FRIDAY | 7:30AM – 3PM
HOT FOOD AVAILABLE UNTIL 2:30PM

SPECIALS

PANINI OF THE WEEK

PHILI CHEESE STEAK \$6.00

SHREDDED CHUCK ROAST | CARMALIZED ONIONS
PEPPERS | MOZZARELLA



HOT TURKEY BERRY WRAP \$5.50

SPINACH WRAP | TURKEY | SHREDDED SWISS CHEESE
CRAISINS | SPINACH
HOMEMADE MUSTARD & MAYO DRESSING



***NEW* PANINI COMBO \$5.00**

1/2 PANINI (SORRY, NO WRAPS) | CHIPS | WATER



GIFT CERTIFICATES & PUNCH CARDS AVAILABLE NOW!



WE NEED YOUR HELP!

THE BISTRO'S IMPROVEMENT SURVEY IS LIVE.

Scan the QR code below and share your opinions on things like :

- Panini flavors you'd like on the menu
- Side option preferences
- Modifications to hours
- Grab-n-go additions
- Weekend hours
- Misc. improvements



SCAN ME! ↗

OTHER LUNCHY ITEMS

BAGELS	2.00
PUFF PASTRY	1.50
BREAKFAST SANDWICH	3.00
BREAKFAST SANDWICH W/MEAT	4.00
PANINI	3.50 - 5.25
CALZONE	4.50 - 5.00
SALAD	5.00 - 5.50

CASH, CREDIT OR QUICKCHARGE PAYMENTS ACCEPTED | ALL SALES SUBJECT TO SALES TAX